

Swedish Open 2007

May 26th – 27th



Swedish Open

Tai Chi Chuan and Internal Martial Arts
Championships & Festival

We would like to invite you to the fifth Swedish Open Championship & Festival for Tai Chi Chuan and internal martial arts!

The event will take place in Linköping, Sweden, approximately 200 km south-west of Stockholm. It is arranged by Linköping's Budoklubb (LBK) in cooperation with the Swedish Taiji & Qigong Association (STQA) and the Swedish Wudang Tai Chi Chuan Association (SWTCCA).

The event features both competitions and a pushing hands workshop.

Competitions

The championship is open for competitors of any experience level from any internal martial art, from beginners to advanced practitioners. Competitions will be held in the following events:

Form

- Hand form - Tai Chi Chuan or any other internal martial art.
- Weapon form - Tai Chi Chuan or any other internal martial art.

Pushing hands (*tui shou*)

- Fixed step pushing hands
- Restricted step pushing hands
- Moving step pushing hands

The forms will be judged according to the ten criteria of good form accepted by the Taijiquan & Qigong Federation for Europe (TCFE) and used in many international competitions all over Europe.

The rules are available on the website (<http://www.sweopen.se/>), Please read these rules carefully before participating in the competitions.

Participation

The entry form and instructions on how to fill it out can be found on the website. Here you will also find more information about the competitions, such as detailed info on the different events and weight classes, results and photos from the previous championships etc.

The championship will take place on the 26th of May in Vasahallen in Linköping. All competitors need to be present in Vasahallen at 9.00 on the day of the competition for registration and weight-in.

The registration fee is 200 SEK and includes one free event. If you wish to participate in more than one event, the fee for each additional event is 50 SEK.

We need to receive your registration before the 26th of April!

The entrance fee for spectators is 50 SEK for adults, and 25 SEK for any person 20 years old or younger.

Workshops

On the day after the competitions, on the 27th of May, there will be a pushing hands workshop. The workshop will be similar to the very successful one held last year. Swedish Open gathers lots of experienced teachers of different styles. We want to take advantage of this fact and invite some of the teachers to teach at the workshop. The focus is on pushing hands which should be a common ground for most of the participants. The workshop will be split-up and the time distributed among the teachers, some of the time we will also focus on free pushing hands between all participants.

The workshop will be open for everyone (not limited to competition participants). Check the website for any last minute information.

Participation in the workshop is 150 SEK.

Additional info

All visitors who wish so may spend the night in the LBK dojo (please bring your own sleepingbag etc) for 50 SEK per night. For those who prefer to stay at a hotel we have prepared a list of hotels in Linköping on the website.

For further details, please refer to the Swedish Open website at:

<http://www.sweopen.se/>

For more information you are also welcome to contact the organizers using e-mail: **info@sweopen.se**, or contact Paul Silfverstråle (+46 708 93 91 76) or Mattias Nyrell (+46 70 619 11 56).